

ADVISEMENT NOTICE

for all Declared ES Majors

In order to obtain Spring 2010 registration authorization (advising codes) in a "timely" fashion you MUST follow these instructions carefully and attend an advising session as specified below.

You are to stop by your advisor's office and sign-up for an individualized schedule planning session. An appointment sheet will be posted on their office door. Advising sessions begin Monday, October 26, 2009.

Instructions - please be on time and prepared with the following:

- your preliminary schedule for 2010 Spring semester
- course sequence sheet (with completed courses checked-off)
- an updated ES checksheet
- Seniors (May '10 grads) – request "graduation audit" from F&AA

pre-professional concentration

Individual student advisor assignments are posted on the ES webpage at [http://www.hles.appstate.edu/areas/exercise_science/undergraduate/preprofessional_messages.php] or at the HLES front desk or on the list at the "preprofessional message board" located in the hallway outside the Holmes computer lab (HCC-074).

wellness/cardiac rehab. concentration

Advisor: Dr. Scott Collier (colliersr@appstate.edu) (office # 51 – Holmes Center).

strength & conditioning concentration

Advisor: Dr. Travis Triplett (triplttnt@appstate.edu) (office # 40 – Holmes Center).

* All planning to register for internship (ES 3900, 5900) in Spring 2010 must contact Dr. Triplett (triplttnt@appstate.edu) for Strength & Conditioning or Dr. Scott Collier (colliersr@appstate.edu) for Wellness/Cardiac Rehab.